

World Champion Coach & Author to Speak

- by Eric Maguire

The Rutland Dismas House is privileged and honored to announce that our guest speaker for the Annual Celebration and Dinner Auction on Sunday, May 31st, 2020 is Coach Paul Assaiante.

Paul Assaiante is currently the Men's Squash and Tennis coach at Trinity College in Hartford, Connecticut; US Squash Head National Coach; professional speaker and author. Two-time Olympic Coach-of-the-Year, World Championship Coach and the "winningest coach in college sports history," Paul Assaiante has motivated top athletes from around the world. His core belief is the need to embrace our fears in order to remove the obstacles to our success. He captures this concept in his book, *Run to the Roar: Coaching to Overcome Fear*, a visionary reflection on leadership and mentoring from one of America's most successful coaches.

I met Coach Paul Assaiante back in 2011 in Hartford Connecticut. The encounter took place at the Connecticut



Coach Paul Assaiante

Department of Correction's Hartford Correctional Center, as his son was being transported from another corrections facility to Hartford for release. I was tasked with transporting his son to a rehabilitation program. As we waited for Coach's son to arrive, Coach shared with me the struggles he was having in helping his son overcome his heroin addiction and his determination to not give up. Throughout the years since then we have kept in contact. We are thrilled to have the opportunity to hear from Coach Paul Assaiante and his son Matthew on Sunday May 31st at the Holiday Inn, Rutland. ❖

HOUSE HAPPENINGS

30th Annual Celebration & Dinner Auction

Theme: *Squashing Fear*

Sunday, May 31st

Doors Open at 3pm

Rutland Holiday Inn

Buy Tickets online at:
<http://dismasoft.org>

OR Call:
802-775-5539

OR Email:
geraldine@dismasoft.org

WISH LIST

- * Good Quality Bread Knife
- * Good Quality Carving Knife
- * Four Slice Toaster
- * Vacuum Cleaners (We have only one for a three floor house)

Cooking for Reconciliation - Nate Merrill and the Dorset School

Every year it is very difficult to pick just one Loving Spoonful Award recipient; we have so many dedicated cooks that go beyond the call to not just feed, but engage, our residents. One of the staff's favorite nights is when Nate Merrill and his students cook dinner for the House. We love to spend time with Nate and the Dorset School 6-8th graders. The kids liven up the kitchen, with squeals of joy as they run around to help Nate, their teacher, cook. Nate is a full-time teacher at the Dorset School.

He teaches cooking, social studies and history. He lives with his wife, Sarah, who is also a teacher.

It all started when Nate went to the Tarrant organization, an organization which mentors teachers, and connected to Dismas House through the website. Nate called up to inquire, and shortly after began to cook once a month with the children. Even though Nate and the kids have only been with us a short time, their impact is deeply felt.

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Dorset School kids cooking monthly meal at Dismas.

Letter from the Director – Eric Maguire, House Director



House Director
Eric Maguire

Let me first start by expressing my gratitude to the Rutland Dismas House Council, all the volunteers and donors, Rita McCaffery and the Rutland community as a whole, for the generosity exhibited

to the residents of Rutland Dismas House during this past holiday season. All the residents were grateful for the gifts received, the kindness shown, and the meals provided. We started the holiday season off with a Thanksgiving meal to remember. Rutland Dismas House Assistant Director Maggie Ganguly, along with her family, cooked the meal and shared the meal with the residents. Several of the residents had their children, mothers and significant others present. During December two celebration dinners took place; the first was with RDH residents, staff and Council and the other was the Christmas Eve celebration led by Assistant Director Geraldine Burke, who put it all together.

From my arrival on July 1st, 2019, Rutland Dismas House has had the pleasure to work with twenty-three residents, nine of whom are residing with

us as I write. Each resident walking in begins their transition off the E.A.S.Y (Excuses, Assumptions, Self-Serving, Yonder) road and begins their journey on the H.A.R.D (Honesty, Accountability, Responsibility, Discernment) road. Not all of those who came to Dismas have successfully returned to the community, yet all who entered were provided the opportunity to learn new ways to encounter their challenges, grow in the understanding and value of community, receive advocacy and support with their Risk Reduction Plans, Relapse Prevention Plans, Treatment Plans as well as with their personal goals. Whether a resident was here for two weeks or moved on into an independent living situation, they got healthier. Each one participated to the best of their abilities. Their successes are attributed to a willingness to get healthier physically and socially, and the ability to utilize the resources available to them within our community. I'm proud of each and every one.

Residents also gave back to the community as volunteers, whether it was for Habitat for Humanity, helping



Full Table for the Family, Dismas Thanksgiving

the Rotary unload Christmas trees, volunteering at the local recovery center, leading Alcoholics Anonymous and Narcotics Anonymous meetings, or just helping our neighbors.

We are working hard on our 30th Annual Celebration and Dinner Auction to be held on Sunday, May 31st. Join us this year as we welcome Coach Paul Assaiante and his son Matthew. Share their journey, and support the Rutland Dismas House residents on their journey.

Once again thank you all for your continued support. I personally consider it an honor and privilege to serve the residents of Dismas, and all those, in all capacities, who give of themselves to Rutland Dismas House and the Rutland Community. ❖

A Resident's Story

Life is 10 percent what you make it and 90 percent how you take it. – Irving Berlin

For Robert French, affectionately called French-y, Dismas house is home. Robert has found many things at Dismas, from stability to friendship. "I used to never care about people, I had acquaintances who used me, and now I have real friends. I always have someone to talk to whether it is staff or other residents. There is a lot of good advice and listening—they all help me get there and encourage me".

"The hardest part of being at Dismas was the Dinners. When I was younger, we would sit in front of the TV to eat. We did not share gratitude. I guess before I never had anything to be grateful for. Now I say what I am grateful for every day, and gratitude stays in the forefront. I used to live in misery; now I am grateful every day for this place. I was living and sleeping on a park bench on West Street. I didn't care if I froze to death, I just wanted to drink".

Robert has used the resources he has to leverage the best possible position for himself in the community. He works at a local restaurant full-time and is working towards going back to school at Community College of Vermont. "I used to always set myself up for failure. Now every time I hit a roadblock, someone is there to push me. I don't accept failure as an option anymore". We are so proud of the hard work Robert has done. He is kind, helpful, and really cares about doing the next right thing.

"Today I care. I know that it is my sobriety, I have to go and get it". ❖



Robert French

MacLachlan Family to Receive Father Jack Hickey Award

It has been more than ten years since Rutland Dismas House has recognized a whole family with the Father Jack Hickey Award, but this year it was an easy decision to choose the MacLachlan Family – Laura and Jeremy, Rocco 18, Cormac 16, and Maeve 14—to receive the award this year.

Eight years ago the MacLachlans moved from Massachusetts, where they had been connected with a Dismas Farm. They enjoyed the relationships that they built with the residents there, so when they came to the Rutland community Laura called to see how they could be involved with Rutland



Maeve, Laura, Cormac, Rocco and Jeremy MacLachlan

Dismas House. It was fortuitous, since we are always searching for new cooks and the family was willing to immediately take a monthly cooking evening. That started the good work by this family.

The warm and friendly atmosphere at the dinner table on the evenings when the MacLachlans cook has created

special bonds. Responsibility for the preparation of the meal is shared by the whole family and the results are amazing. If you haven't tried Maeve's bread or Cormac's cookies you are missing out. The kids have made such an impact upon residents, that some residents have enjoyed attending performances at the school when the teenagers have been in plays.

The monthly meal was just the beginning of Jeremy and Laura's contribution to Dismas. The cooking evening for the MacLachlans is the same night as the monthly Rutland Council meeting, and so they rubbed shoulders often with council members. After a year or two of cooking at Dismas, Jeremy applied to be part of the Rutland Dismas Council, serving

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Loving Spoonful Award

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The kids are inquisitive, and ask questions that often cause residents to have to think quickly on their feet. The kids push residents out of their comfort zone, and with the kids the residents open up a lot about their lives. At one point, Nate even met a student's father (a Dismas resident) and shared dinner at Dismas house with him and the other residents. This was a unique experience for Nate, broadening his understanding of the work we do, and circumstances affecting his students' lives.

We are amazed by the dedication of the students who to spend their time here, and by Nate, who continues to hold the "first Friday" cooking slot all through the summer, even when the kids are away. Thank you so much, Nate, for sharing the table with us! ❖



Nate and his classroom.

Cutting up in class?



John Casella

Mary O. Award

John Casella, Casella Waste Systems

Over the years, Casella Waste Inc., led by founder and owner John Casella, has made a significant impact upon the Dismas house organization as well as the Rutland Community as a whole. Throughout the years, Casella has provided all waste and recycling removal at Rutland Dismas House at no cost, as well as providing services for special jobs. A priceless benefit to Dismas and the community is the employment offered to the Dismas population by Casella, exemplifying an attitude of support for second chances.

Another gift: For many years, John Casella and Casella Waste Inc. have made available their call center to Rutland Dismas for the Phonathon fundraiser.

It is with great appreciation that Rutland Dismas House presents the Mary O' Award to John Casella and Casella Waste Inc. at the 2020 Rutland Dismas House Annual Celebration and Benefit Dinner Auction. We look forward to honoring Mr. Casella at this event. ❖

Reconciling Former Prisoners with Society, and Society with Former Prisoners for 34 Years!

What Happens Next - From the Executive Director



Vermont Representative Becca White (D-Windsor) and Jan Tarjan, Executive Director, at the General Assembly.

*“To exist is to change,
to change is to mature, to mature is
to go on creating oneself endlessly.”*

So said French philosopher Henri Bergson during the first part of the last century. His words are a good description of, and prescription for, Dismas of Vermont in 2020. We have, for a couple of years, been engaged in a process of maturing (updated bylaws, a new strategic plan, an extended state-wide Board of Directors). Also during this time, increased public and governmental focus upon the crises of over-incarceration in our prisons, and substance use disorders in our communities, has led to a call for change. A new bill in the legislature, based on recommendations from the Council on State Government study

“Justice Reinvestment II”, calls for big reforms in the justice system and also in transitional housing. With shifts in the Vermont correctional system to think about, Dismas will also be examining our programs, and how we can evolve and flex to best serve our mission and the public need.

Another change: I will commence a long-planned retirement at the end of June, and henceforth see much more of my grandchildren. Being Executive Director of Dismas of Vermont and serving this vital mission for nine years has been a culminating joy in my working life, and a great honor. The courage of our residents, the dedication of our staff, the compassion of our volunteers, the generosity of our donors and the profound kindness that defines Dismas

have fostered for me a deeply meaningful experience. I am confident that the next Dismas leader will guide Dismas well, supported by our foundation in the community. Any changes ahead are all part of growing and “creating (Dismas) endlessly”. Remember that, in ourselves, in YOU, we have everything we need to reach transformational heights. Margaret Mead said it best: “Never doubt that a small group of thoughtful people can change the world. Indeed, it’s the only thing that ever has.” ❖

Dismas Goes to the Legislature

In January we took Dismas to the Legislature. Our panel, supported by Representative Rebecca White (Hartford), was comprised, with me, of House Directors from Burlington, Rutland and Hartford Dismas houses and several Dismas residents.

House Directors who were on the panel are front-line in the work of reconciling prisoners with society and society with prisoners. They told of their work and provided data about our impact. The most affecting part of our panel was, of course, the experiences and perspectives offered by three Dismas residents. One, Jeffrey Lockyer, was living at Dismas. The others, Seth Osgood and Thomas Shea, have made successful transition to community life and employment. Their stories of



Dismas Panel Presenters at Legislature.

struggle were moving; the descriptions of their progress inspiring. It was a rare opportunity for those who make our laws and policies to hear directly from people who have been incarcerated, and are taking good advantages now of their second chances.

It was also empowering and affirming for our residents, themselves, to have a voice and to speak their “truth to power”. ❖

“Being part of the panel from Dismas House that spoke to various State Legislators was a memorable experience. The State Building, the ornate interior, the hustle and bustle of legislatures and constituents—it was politics in action. At home at Dismas we reintegrate with the local community; there, I had an opportunity to ‘reintegrate’ at a State level. It’s what Dismas is all about.”

- Jeffrey Lockyer, Resident

The Senator and the Shopping Cart

by Senator Cheryl Hooker

Cheryl Hooker is a lifelong Rutland resident, retired teacher, former Alderman, mother, grandmother, a long-time Representative and now Senator at the Vermont Legislature. With her husband George, she shops for the groceries at Rutland Dismas House every week. That's a lot of groceries and probably more than one cart. In the Legislature, Senator Hooker serves on the Senate Committee on Economic Development, Housing and General Affairs, Senate Committee on Institutions, Senate Sexual Harassment Panel and the Joint Legislative Justice Oversight Committee.

“As a State Senator dealing with Corrections and Justice, I recognize the need for the type of transitional housing Dismas House provides.”

- Senator Cheryl Hooker

Even in retirement, it seems that my husband George and I don't have a lot of time to volunteer on a regular basis. But

a few years ago when, after being the weekly grocery shopper for Dismas House in Rutland for over 10 years, Marty Barclay was ready to hand over the list to someone else, we were asked to step in. Since we live only blocks away from Price Chopper and shop there regularly, it was easy to say yes.

We've supported Rutland Dismas House since Rita McCaffrey worked so hard to establish it in 1990. We've helped with phone-a-thons, auctions and dinners throughout the years, but those were only periodic opportunities to volunteer. Shopping each week gives us a closer connection to the House and its mission. We believe that Dismas is feeding the spirit and souls of the residents who, with staff and volunteers committed to helping them, are transitioning back to being fully contributing members of the community.



Senator Hooker and husband George unload weekly groceries at Dismas.

As a State Senator dealing with corrections and Justice, I recognize the need for the type of transitional housing that Dismas House provides.

Dismas cares for the whole person: body, mind and spirit. Grocery shopping each week makes us feel that we have a small part in helping to feed those who come through the door. ❖

Shout Out to Legislators and Public Servants

Dismas is proud to count among its history of volunteers and supporters many Vermont legislators and others in public service. These special people have volunteered at Dismas as Volunteer Cooks, Council members and Board members:

CURRENT LEGISLATORS:

Jean Ankeny, Johannah Donovan, Cheryl Hooker, Ann Pugh, Jean O'Sullivan, Butch Shaw, Mary Sullivan.

FORMER LEGISLATORS:

Susan Buckholz, Diane Carmoli, Joanna Cole, Ann Cummings, Dennis Delaney, Helen Head, Jim Leddy, Joanne Lenes, Bill Lippert, Gabrielle Lucke, Ginny Lyons, Rita McCaffrey, Carol Ode.

In Addition, we have valued the friendship and assistance of Vermont public servants in other arenas, both state and national:

Attorney General TJ Donovan, Lieutenant Governor David Zuckerman, U.S. Senator Bernie Sanders, U.S. Representative Peter Welch, Governor Madeleine Kunin, Judges McCaffrey, Cashman and Griffin. Rita McCaffrey, our Founder, and a former Representative from Weston, is especially proud that a handmade,

log cabin design Vermont quilt hung for many years in the Washington D.C. office of the late Senator James Jeffords—an award token from Dismas—recognizing the Senator's concern for justice and reconciliation. We appreciate the continuing opportunity to work together to solve critical challenges in Vermont. ❖



Ways to Give

Discover the many ways to support Dismas and make a difference in someone's life

No matter how you give, why you give, or how much you give, your gift is vital to Dismas of Vermont's programs. You can give to support one of our local programs, or to Dismas of Vermont in general. Please contact either the program you wish to support, or our Executive Director, Jan Tarjan, for more information or assistance.

GIFTS BY CHECK:

Checks should be made out to the local program you wish to support, or to Dismas of Vermont Statewide if you prefer, and mailed to the addresses listed on this page.

GIFTS BY CREDIT CARD:

Credit Card donations may be made by visiting us online at <http://www.dismasofvt.org/donate>

MATCHING GIFTS:

Your employer may offer an employee matching gift program to support your charitable giving. Please check with your employer to determine if they offer this option.

HONOR AND MEMORIAL GIFTS:

These gifts offer a meaningful way to pay tribute to loved ones.

GIFTS OF STOCKS, SECURITIES:

You can make a gift of stock by contacting our brokerage account with MassMutual.

ACCOUNT NAME: Dismas of Vermont Inc.

ACCOUNT NUMBER: R72025577

DTC NUMBER: 0226

MASSMUTUAL RE: Roger Webster

Phone: 802-264-6620

RECURRING GIFTS:

Sustaining gifts can be made by credit card.

Visit us online at <http://www.dismasofvt.org/donate>

PLANNED GIVING/BEQUESTS:

You may include Dismas in your lifetime charitable giving plans through a bequest, charitable gift annuity, insurance policy, charitable trust or other planned giving vehicle.

Planned gifts can be constructed today to benefit Dismas of Vermont at a future date.

Contact our Executive Director to learn more!

DISMAS PROGRAM LOCATIONS:

Burlington Dismas House

Locations at:
96 Buell Street, Burlington, VT 05401
103 East Allen St., Winooski, VT 05404
Kimberly Parsons and Richard Gagne,
House Directors
(802) 658-0381
kim@dismasofvt.org
richard@dismasofvt.org

Hartford Dismas House

1673 Maple Street, PO Box 174,
Hartford, VT 05047
Jeff Backus, House Director
(802) 698-8661
jeff@dismasofvt.org

Rutland Dismas House

103 Park Avenue, Rutland, VT 05701
Eric Maguire, House Director
(802) 775-5539
eric@dismasofvt.org

Dismas of Vermont, Inc.

103 East Allen St., Winooski, VT 05404
Jan-Roberta Tarjan, Executive Director
(603) 795-2770
jan@dismasofvt.org

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Donors Promote Pride of Workmanship by Darby, Dismas Resident

"I am a recovering addict. I went to Valley Vista for twenty-three days and then was asked to be a part of the Dismas House program. WOW what a great decision I made. There are many men living here



Darby helps keep Dismas in good shape.

with many talents, mine is fine carpentry. Thanks to all the caring people that have donated to the Dismas house, we were able to buy necessary building material for the house. I am so proud to be able to put my craftsmanship to work, so we can keep this beautiful house alive and looking its finest. And my work as well as my name will always be a part of this house and the wonderful program that it is. God bless to all that have donated or given their time to this warm caring home." (abridged text) ❖

Building Community

Habitat for Humanity is in the process of building a home just behind the Rutland Dismas House. Once completed, the house will become the home of Hussam Alhallak and Hazar Mansour and their three children, a Syrian émigre family who settled in Rutland a few years back. We cannot help thinking about how much our residents and the Mansours have in common. Our residents have come through long and stressful pasts to start lives anew in our community. They often face stigma, and the uninformed prejudices of others while they work to build their place in Rutland. Surely the Mansours have made a challenging journey, too.

And now we are neighbors, and like a good neighbor, Dismas residents have been happy to lend a hand. Back in October, residents and staff of Rutland Dismas House began volunteering to assist with house construction, and will help again in spring when construction recommences. Some residents put time into “grunt” work, while former residents with extensive roofing experience helped to shingle the roof. We had the pleasure of meeting the Mansour family. This is a wonderful double opportunity: to give back to an outstanding community organization, Habitat for Humanity, and to welcome the Mansours



Getting started with Habitat

to the neighborhood. We look forward to welcoming them to dinner at Dismas House soon. After all, they are practically next door. ❖



Dismas residents and Director Eric volunteer to unload Christmas trees for the Rotary of Rutland



Residents at the Annual Holiday Celebration

Jack Hickey Award

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also on the Maintenance Committee—a committee that never catches a break in this old house. On the Wednesday before Thanksgiving, when the weather was wet and raw, Jeremy was outside Dismas House preparing and placing concrete supports for the sagging front porch. Son Rocco helped by going under the porch to survey the scope of the project.

When Jeremy was out of town during the Phonathon fundraiser, Laura volunteered to take his place making

telephone calls. Wow— what a stroke of luck for Dismas to have her join the list of callers. Her passionate appeal to supporters moved “lapsed” donors back to Dismas with such success that many included a note with their donation thanking Laura for her call. Last summer Laura joined the Council, too, and has been the sole member of the Membership Committee working to expand its members. She spread the word about Dismas through her network of friends and, as a result, brought in three new volunteers to assist with the Phonathon. Last year, Laura brought a group of kids from

the youth ministry program to cook and now those kids have a monthly dinner. Laura’s vision and enthusiasm is strengthening and building the Council and committees for the ongoing needs and future success of Dismas.

The MacLachlan Family lives their faith and has shown this in their commitment to Rutland Dismas House through the years. They believe all residents deserve to have a second chance and a supportive community to assist with rebuilding their lives and Laura, Jeremy, Rocco, Cormac, and Maeve will be there to help. ❖

HONOR and REMEMBERANCE

Throughout the past year Rutland Dismas House received donations to honor the good works of friends and family members, and to memorialize the lives of those who lived a good life. These donations are truly appreciated and contribute greatly to the ongoing needs at Dismas. During the holiday season candles were lit and names of the honorees were read by residents. This past year contributions were received to honor the following:

IN MEMORY OF:

Alex Alexander
Joanne Bender
Jenna Carroll
Joanne Carrara
Amy & Joe Curtin
Tony DesRoches
Mary & Chuck Devoe

Kevin Gallagher
Ted Izzie
Timmy Kuehn
Bert Langley
Michael K. Lawlor
Steve LeFoll
Hull Maynard
Frank McCaffrey

Dan Murphy
Alfred & Pam Rampone
Andrew & Anna Romano
Ann Tobin
Jim Tobin
Kenneth Weissman
Joyce Wilson

IN HONOR OF:

Kym Anderson
Carol & Joe Barbagallo
Donna Briley

Bev Browe
Betty Edson
Justin Murphy
Earl Olson DMD

Michael & Carole Ryan
Senator Bernie Sanders
Susan Stager



Each candle a special light

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Maggie Ganguly
Asst. House Director - Part-time
Geraldine Burke
Asst. House Director - Part-time

DISMAS OF VERMONT STATEWIDE STAFF

Jan-Roberta Tarjan
Dismas Executive Director

Jennifer Blair
Business Manager

Richard Gagne
Program Manager

FOUNDER

Rita McCaffrey

In it Together: Dismas Volunteer for 30 Years! – by Phil Stephan

My involvement with Rutland Dismas House began in 1989, when one of my fellow Thresholds/Decisions volunteers in that jail program came to the house and asked if I would consent to be on a “steering committee” for a proposed Dismas House in Rutland. The Burlington house was up and running for five years already; so I knew what it was all about. I saw it as a logical extension of what we were teaching in the jail, trying to help inmates with their decision-making skills to get them ready for reentry into the Rutland community. Once in, I was “hooked” and have been ever since, especially in regards to putting my building and fixing skills to work for various projects in Rutland Dismas House.

One of Judge Frank McCaffrey’s favorite sayings when we used to teach together in the jail was “engage the struggle”. It was his way of helping the guys admit to possible failure in their work in bettering themselves; but at the same time it was a message of hope, another way of saying “don’t ever give up on yourself”, “keep on keeping on”, “each time you fall on your face, get right back up and start the fight all over again”. He never put

himself above anyone – we all knew that every person in that jail group was equal: judge, inmates and volunteers. He made it clear that we all share the same basic humanity.

This same thing happens in the house. As soon as a guy arrives from jail, he immediately senses that everyone in the house is on the same level and is being treated accordingly. He sees that “we are all in it together”, and that we help each other out. He senses that “Dismas is Family”, even though perhaps his own family life growing up was difficult or perhaps even non-existent. House directors, cooks, volunteers like myself, and his fellow former prisoners are all in it together. This is what Dismas is all about, and this is why I continue to volunteer after 30 years. ❖



The Amazing Phil

RUTLAND DISMAS HOUSE

103 Park Avenue
Rutland, VT 05701

(802) 775-5539
dismasofvt.org



United Way of
Rutland County